

PSHE School Overview

Expectation: 1 lesson taught of 30 minutes per week (or equivalent) and learning shown in class big book.

School Values	Determination with Self-Belief	Respect and Kindness	Joy in Wellbeing		Imagination through Curiosity	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	What makes a family? Celebrating culture and beliefs. Becoming a: confident communicator, listener, independent individual, a fit and healthy person, a fantastic friend, empathetic person, someone who plays nicely, a compassionate citizen. Important jobs in the community, Looking after our world					
Year 1	What helps us stay healthy?	What is the same and different about us?	Who is special to us?	Who helps to keep us safe?	How can we look after each other?	
Year 2	What helps us to stay safe? **	How do we recognise our feelings?	What jobs do people do?	What makes a good friend?	What helps us grow and stay healthy?	What is bullying? **
Year 3	How can we be a good friend? **	What keeps us safe? **	What are families like?	What makes a community? **	Why should we keep active and sleep well? **	Why should we eat well and look after our teeth?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect? **	How can we manage our feelings? **	How can our choices make a difference to others and the environment?	How can we manage risk in different places? **	How will we grow and change?
Year 5	How can friends communicate safely? **	What makes up a person's identity? 1 – – Identity **	What makes up a person's identity? 2 – Stereotypes		How can drugs common to everyday life affect health?	RHE: The Changing Body
			How can we help in an accident or emergency?		What decisions can people make with money? (What jobs would we like?)	
Year 6	What will change as we become more independent? How do friendships change as we grow?	RHE: The Changing Adolescent Body	How can we keep healthy as we grow?		How can the media influence people? **	

** These units include online safety objectives from the DfE Education for a Connected World, created by the UK Council for Internet Safety