

## PE School Overview

**Expectation:** 2 PE lessons per week (one indoor and one outdoor)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Reception</b>	Introduction to PE	Dance & movement – BEAM/iMoves  Games	Gymnastics – key skills  Games	Gymnastics – iMoves  Games	Gymnastics – large apparatus  Games	Team Games  Games
<b>Year 1</b>	Gymnastics – key skills  Multi-skills (bat and ball)	Infant Agility  Multi-skills (running and jumping)	Dance – iMoves  Catching and throwing	Infant Agility  Attacking and defending	Gymnastics – iMoves  Multi-skills (running and jumping)	Gymnastics – large apparatus  Invasion games
<b>Year 2</b>	Gymnastics – key steps  Football	Multi-skills  Tag rugby	Infant agility  Netball	Gymnastics – iMoves  Kwik Cricket (Rapid Fire)	Indoor athletics  Hockey	Gymnastics – large apparatus  Athletics
<b>Year 3</b>	Gymnastics - iMoves Netball	Gymnastics – large apparatus  Hockey	Swimming  Orienteering / OAA	Swimming  Rugby	Multi-skills  Athletics	Dance – iMoves  Golf
<b>Year 4</b>	Gymnastics – large apparatus  Hockey	Dance  Orienteering / OAA	Gymnastics – iMoves  Rugby	Multi-skills  Tennis	Swimming  Athletics	Swimming  Kwik Cricket
<b>Year 5</b>	Swimming  Basketball	Swimming + iMoves Dance (Space)  Football	iMoves Gymnastics Pt 1  Tennis	iMoves Gymnastics Pt 2  Hockey	Indoor Athletics  Netball	Gymnastics – large apparatus  Kwik Cricket
<b>Year 6</b>	Dance  Rugby	Aerobics  Netball	Indoor athletics  Hockey	Gymnastics – iMoves  Football	Multi-skills  Kwik Cricket	Gymnastics – large apparatus (inc. team building)  Athletics