PE School Overview

Expectation: 2 PE lessons per week (one indoor and one outdoor)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Introduction to PE	Dance & movement – BEAM/iMoves Games	Gymnastics – key skills Games	Gymnastics – iMoves Games	Gymnastics – large apparatus Games	Team Games Games
Year 1	Gymnastics – key skills Multi-skills (bat and ball)	Infant Agility Multi-skills (running and jumping)	Dance – iMoves Catching and throwing	Infant Agility Attacking and defending	Gymnastics – iMoves Multi-skills (running and jumping)	Gymnastics – large apparatus Invasion games
Year 2	Gymnastics – key steps Football	Multi-skills Tag rugby	Infant agility Netball	Gymnastics – iMoves Kwik Cricket (Rapid Fire)	Indoor athletics Hockey	Gymnastics – large apparatus Athletics
Year 3	Gymnastics - iMoves Netball	Gymnastics – large apparatus Hockey	Swimming Orienteering / OAA	Swimming Rugby	Multi-skills Athletics	Dance – iMoves Golf
Year 4	Gymnastics – large apparatus Hockey	Dance Orienteering / OAA	Gymnastics – iMoves Rugby	Multi-skills Tennis	Swimming Athletics	Swimming Kwik Cricket
Year 5	Swimming Basketball	Swimming + iMoves Dance (Space) Football	iMoves Gymnastics Pt 1 Tennis	iMoves Gymnastics Pt 2 Hockey	Indoor Athletics Netball	Gymnastics – large apparatus Kwik Cricket
Year 6	Dance Rugby	Aerobics Netball	Indoor athletics Hockey	Gymnastics – iMoves Football	Multi-skills Kwik Cricket	Gymnastics – large apparatus (inc. team building) Athletics